

504 W. Chapel Hill St.

Durham, NC 27701

Mark W. Wethington,

Senior Pastor

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# INSIGHTS

INTO DISCIPLESHIP

DUKE MEMORIAL UNITED METHODIST CHURCH

## MINISTER'S MESSAGE

Printed on the back of our church bulletin each week is The General Rule of Discipleship. This guide for living as disciples of Jesus Christ is the backbone of our Covenant Discipleship groups and is a focus for all of us as Christians. The General Rule states: "To witness to Jesus Christ in the world, and to follow his teachings, through acts of compassion, justice, worship and devotion, under the guidance of the Holy Spirit." The wonderful thing about this General Rule is that it is a balanced way of living. So often we go this way or that way in a frenzy of activity, and we quickly lose balance in our lives.

The same thing can happen in our Spiritual life. We promise ourselves and God that we will daily practice the disciplines of Christian living, such as prayer, and Bible study, reaching out to others, etc. Then before we know it we have gone back to our old habits again. It is a constant challenge to maintain that balance that is so healthy and nurturing. Sometimes we need opportunities to "get back on track". One of these opportunities is available to everyone on February 6-7, 1998. There will be a Renovaré Conference on spiritual renewal held at Trinity UMC in Durham on these dates. This Conference is held all over the country and is lead by Richard J. Foster. Foster is the author of five books including Celebration of Discipline and Prayer: Finding the Heart's True Home, books many of you have studied.

Many of us are longing for a deeper, more intimate relationship with God. We may sense a need for renewal in our Spiritual life, or we need balance in our relationship with God. You may be looking for tools for spiritual growth or a renewed inspiration for your ministry. This Conference has been a powerful Conference for many folks, as people are finding help with their walk with God, and are being renewed. Renovaré is committed to working for the renewal of the Church of Jesus Christ in all her multifaceted expressions.

I have attended a Renovaré Conference and found it to be a very exciting and power filled weekend for me. You are invited to attend this conference which is being sponsored by The William Preston Few Endowment for Duke University Chapel, Trinity UMC, St. Philip's Episcopal Church, First Presbyterian Church, and Duke Divinity School. Registration brochures are available in the office, and registration is required. These conferences fill up quickly, so please call me soon for more information.

Please be in prayer for this Conference because lives are transformed and renewed. It is a wonderful event filled with teaching, worship, sharing, singing, and healing. I hope you will consider attending, as together we strive to live lives of compassion, justice, worship and devotion.

God's peace and joy,  
Lisa

ISSUE 5

FEBRUARY 1, 1998

## FOURTH SUNDAY AFTER EPIPHANY FIRST FOOD SUNDAY

8:45 - 9:25 a.m.	Early Worship - Bradshaw Room
9:30 a.m.	Logos Class - Bradshaw Room
9:45 - 10:45 a.m.	Sunday School for All Ages
10:15 a.m.	Sanctuary Choir - Sanctuary
10:30 a.m.	Ringling of the Tower Bells
10:55 a.m.	Worship Service - Sanctuary
12:00 noon	<b>INSIGHTS Information Due</b> <b>(2/8-2/14) Church Secretary's Box</b> <b>Council on Ministries Mtg. - WH</b>
12:15 p.m.	DMYF - Youth Rooms
5:30 p.m.	Youth Sacred Dance
7:15 - 8:15 p.m.	12 Step Al-Anon and A.A. -
8:00 p.m.	Community Life Center

**SERMON:** Mark W. Wethington

**ANTHEM:** "Go Not Far from Me, O God" - Morgan  
(Sanctuary Choir)

**SCRIPTURE:** Psalm 71:1-6; Jeremiah 1:4-10  
Luke 4:21-30; 1 Corinthians 13:1-13

**USHERS:** Connie Chandler, Captain; Tom Adkinson, Sandra and John Biddle, Tom Chandler, Julie Ellis, Debbie and Jim Fedyshyn, Charles Medlin, Polly Mixon, Tim Nifong, Gayle Young.

**GREETERS:**

Jack Carroll

Anne Carroll

**NURSERY:**

Kevin & Julie Witte

Harold & Holly Speight

Rick & Karla Owen

Barry & Deborah Moore

**ACOLYTES:**

Sam Bilski

Michael Kellum

**CROSS:**

Adult

**ALTAR GUILD:**

Edith Johnson

Joyce Musselwhite

Doris Forman

**REMEMBER THE EUCHARIST SERVICE  
HELD EVERY SUNDAY AT 8:45 A.M.  
IN THE BRADSHAW ROOM  
FEBRUARY 1  
PRAYER SERVICE**

**CHILD CARE WILL BE PROVIDED**

**CHURCH CALENDAR  
FEBRUARY 2 - FEBRUARY 6, 1998**

**MONDAY, FEBRUARY 2**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
10:00 a.m. Staff Meeting - Joy Room  
6:30 - 8:30 p.m. Disciple III - Parlor  
8:00 - 9:00 p.m. Al-Anon, Ala-Preteen and A.A. -  
Community Life Center

**TUESDAY, FEBRUARY 3**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
9:15 - 11:15 a.m. Disciple I - Katie Johnson Room  
8:00 - 9:00 p.m. Al-Anon, Ala-Teen and A.A. -  
Community Life Center

**WEDNESDAY, FEBRUARY 4**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
9:20 a.m. Wkday. Sch. Parent Council  
10:00 - 11:00 a.m. Fold "INSIGHTS" - Whitford  
10:00 - 1:00 p.m. Craft/Lunch Bunch - Whitford  
5:30 p.m. Wonderful Wednesday Supper -  
Kitchen and Whitford Hall  
6:15 p.m. Carol Choir - Choir room  
6:15 p.m. Wesley Singers - Open Door  
6:15 p.m. Cov. Discipleship - R.N. Wilson  
6:15 p.m. Cov. Discipleship - Parlor  
6:25 p.m. Cov. Discipleship - Prayer Room  
6:30 - 7:30 p.m. Bible Study on Amos - Bradshaw  
7:15 - 8:00 p.m. Children Sacred Dance  
7:30 p.m. Bethany Bells - Handbell Room

**THURSDAY, FEBRUARY 5**

7:45 - 8:45 a.m. Cov. Discipleship - Parlor  
9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
12:00 - 1:00 p.m. Thursday Study Group - Joy Class  
7:30 p.m. Sanctuary Choir - Choir Room

**FRIDAY, FEBRUARY 6**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
8:00 - 9:00 p.m. Al-Anon and A.A. -  
Community Life Center

**MARY AND MARTHA CLASS**

We will continue *Having the Mind of Christ* by Miller and Cole-Dai. Please come and join us for the journey at 9:45 a.m. on Sundays in the Mrs. R. N. Wilson Room.

February 1 - Days 141 - 147  
February 8 - Days 148 - 154  
February 15 - Days 155 - 161  
February 22 - Days 162 - 168

**MINNIE P. GATES BIBLE CLASS**

The Minnie P. Gates Bible Class will meet Sunday, February 1 at 9:30 a.m. in order to have time for a Business Meeting. All members are encouraged to attend.

**CAN YOU PROVIDE...**

The Altar Guild needs another banner stand. Perhaps one of our members would make one for us. If so please contact Joyce Musselwhite at 489-7963 or Dorris Rodenhizer at 688-2045.

**LAKESWOOD UMC  
COMMUNITY GOSPEL CHOIR**

Lakewood UMC is organizing a Community Gospel Choir for people of all ages in Durham. The choir will perform at Lakewood UMC on Sunday, March 15 at 3:00 p.m. Rehearsals are Saturday February 7 and 14 and March 7 and 14 at 10:00 a.m. at Lakewood UMC. If you wish to participate or want more information, call Rev. Caroline Lucas at Lakewood UMC - 489-6273.

**VALENTINE VISITS**

Take a Valentine and make a visit to one of our churches' homebound or nursing home folks. The children will make Valentines and we ask if you will sign up after church on February 1st or 8th. Valentines will be available after church in the Narthex on the 1st and 8th and at Wonderful Wednesday in Whitford Hall on the 11th of February.

**VISITATION DAY**

People who would like to visit with a group can meet in the church kitchen on Friday, February 13th, to visit and then go out to eat together at Nikos.

**OLDER ADULTS**

The Older Adults Second Wednesday luncheon-program for February 11 begins at 11:30 a.m. with a "covered-dish" luncheon and the program will feature Ruth Phelp's "Handel's Life"--with slides. We will celebrate birthdays and Valentines' Day. Bring a friend or neighbor for wonderful fellowship. For help in transportation call the church office or 382-2544.

**STEPHEN MINISTRY CONTINUES -  
EXCITING AND IMPORTANT**

The ministry of lay Christian caregivers among us has been going on for four years. We thank God that He has given us the gift of these people. After having completed the Stephen series training, our Stephen Ministers are now putting their skills and compassion to work, caring for people in our congregation and in the community. Perhaps you should give some thought to becoming a Stephen Minister or Stephen Leader in the future.

**SINGLES EVENTS**

**Sunday, February 8** Luncheon after church

**Saturday, February 14** Dessert and Games Party at  
Becky Carver's

**FOUND**

The following item has been found in the church. If it belongs to you please come by the church office to claim it.  
Ladies coat - gray calf length winter coat

## MEMBERSHIP NEWS

### Birthdays:

- Feb. 1 Dot Hilliard  
Fran Thomas  
Helen Upchurch  
Feb. 2 Ian Johnson  
Feb. 4 Ruth Kale  
Jessica Lancaster  
Feb. 5 Kevin Gray  
Ryan McLendon  
Feb. 6 Brandy Hammond  
Marvin Teer

At the time INSIGHTS was put to press no one from Duke Memorial was hospitalized. Please remember in your prayers the following people who are at home:

Melanie Gray & Family  
Ruth Holsinger  
Mary Edith Jones  
Virginia Massey  
Andrew Price

## NEW MEMBER NEWS

We are happy to welcome the individuals listed below to the Duke Memorial family, they each joined on Sunday, January 25, 1998:

Emmalee Jayne Harding  
3208-8 Stonestrow Lane  
Durham, NC 27713  
(919) 361-4916

John Albert Allen (transferred from Grey Stone Baptist)  
3322 Coachman's Way  
Durham, NC 27705  
(919) 419-1368

Paula Carlette Templin  
3322 Coachman's Way  
Durham, NC 27705  
(919) 419-1368

## THE NEW UPPER ROOM DISCIPLINES

The *UPPER ROOM DISCIPLINES* have been a long standing resource for daily devotions and DMUMC has The *Upper Room Disciplines 1998* available at \$8.00 a copy. There will be opportunities to purchase copies before and after the 10:55 a.m. Sunday morning worship service in the weeks ahead. Be on the lookout for other opportunities as well (i.e. Wonderful Wednesdays, upcoming meetings, etc.). If you've been meaning to get into the routine of daily devotion, but just haven't had the time to get an appropriate resource - here's your chance!

## WONDERFUL WEDNESDAY NEWS

The next Wonderful Wednesday will be held on **February 4, 1998**. Please call the church office, 683-3467, before noon on Monday, February 2 if you plan to be here for our Wonderful Wednesday Meal on February 4. Menu: Meatloaf, Snap Beans, Mashed Potatoes, Rolls, Hushpuppies and Cookies. If you wish to be put on the Regular's List, please sign up in the church office. If you have signed up for the Regular's List and are not able to be here, please call to cancel. The cost of this year's meals is \$4.25 for adults and \$2.50 for children under 12 years old.

This week's program is part two of a two part Bible study on Amos. The study will be led by Rev. Dr. Beth LaRocca-Pitts, who is an Old Testament Scholar at Duke University. The study will be held from 6:30 - 7:30 p.m. in the Bradshaw Room.

## CHILDREN'S MINISTRIES

Dates to Remember:

### VACATION BIBLE SCHOOL

Monday, June 29th - Thursday, July 2nd  
All children ages 2 through rising 6th graders,  
youth helpers

### CAMP CHESTNUT RIDGE

Monday, July 20th - Friday, July 24th  
Children rising 2nd through rising 6th grade who want  
to experience outdoor day camping

### CHILDREN'S SUNDAY SCHOOL CLASSES

Teachers, please have children make a homemade Valentine January 25th or February 1st for giving away to an older person. Please give Valentines to Ann.

### ANGELS OF THE DANCE

Duke Memorial's sacred dance group, Angels of the Dance, welcomes all third, fourth, fifth, and sixth graders interested in expressing their love of God through dance to join our group. We meet Wednesday evenings from 7:15 to 8:30 (immediately following children's choir). Transportation to/from practice each week is available. For more information, please call Shelley Turkington, 382-2894. Come join us and experience the fun and faith of dancing for God!

### THANK YOU, AND PLEASE KEEP LOOKING

Thank you to those of you who returned missing Children's Worship Bags. We are still missing quite a few so please continue to return any bags that children have taken home with them so all children will be able to enjoy using these bags each Sunday.

**Duke Memorial United Methodist Church**  
504 W. Chapel Hill Street  
Durham, North Carolina 27701-3102  
Phone: (919) 683-3467  
Fax: (919) 682-3349

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### FROM THE WEEKDAY SCHOOL

The registration schedule for the 1998-99 year is as follows:

January 28-30	Re-enrollment for current students and siblings
February 2	Enrollment for church members and alumni
February 3	Enrollment open to the general public

The registration fee is \$60.00 for non-church members and \$50.00 for church members. Registration fees are non-refundable.

\* NOTE: New hours for Kindergarten beginning Fall, 1998 will be 9:00 - 1:00.

Feel free to call the Weekday School office at 688-5130 with any questions.

#### ✂ CLIP AND SAVE ✂

Sunday, February 1st is Duke Memorial's opportunity to donate food for the Durham Mission Society. Please bring cereal, grits, and oatmeal, and place them on the altar rail before the 11 o'clock service.

Clip and save this notice in your check book or wallet as a reminder when you are grocery shopping this week to remember those in our community who are in need. Thank you for your generous response last month.

Thanks - John Legge

### YOUTH NEWS

**Bulletin Board**

**SKI TRIP** - February 20 - 22 at Wintergreen

**SR. HIGH MISSION TRIP** has been scheduled for June 22-28th. We will be going to the Red Bird Mission in Kentucky. We are meeting for our first gathering of all team members and parents on January 29th at 6:30 for supper. We are meeting at Tim and Shelley Turkington's home - 15 Cauldwell Lane, Durham.

### VOLUNTEERS NEEDED

Contact, the crisis telephone line, will soon begin a new training session for one of the most rewarding volunteer jobs imaginable. After 50 hours of training, you'll man the phones and be a life line for people who are troubled. You will develop non-judgmental listening skills, and you may well save a life!

Other volunteer opportunities include: Donation Coordinator, Volunteer Guardian, Researcher, Community Shelter Tutor - more information about each of these positions is posted on the bulletin board. Call the Volunteer Center of Greater Durham at 688-8977 to volunteer.