

## SEWING KITS

# "I CAN SEW..."

Magic words. Words that unlock the door to a good job for young women and young men around the world, when you share Sewing Kits.

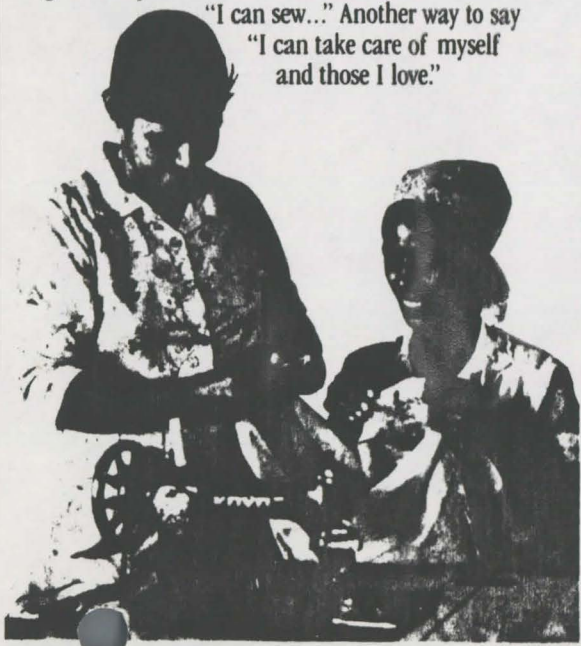
In vocational training classes in tiny villages or large city slums, future tailors and seamstresses learn their trade using your gifts. Dedicated teachers help students master the treadle sewing machine and show them how to make patterns for garments in keeping with their culture.

Each Kit should contain:

- 3 yards of cotton or cotton blend, solid or print material
- 1 package of hand sewing needles
- 1 spool of matching thread
- 1 card of 6 buttons or 6 matching used buttons secured together
- 1 package of rickrack or bias tape

Wrap all sewing notions inside the fabric and tie with string or a strip of fabric.

"I can sew..." Another way to say  
"I can take care of myself  
and those I love."



## SHARE A SMILE SHARE A

# SCHOOL KIT

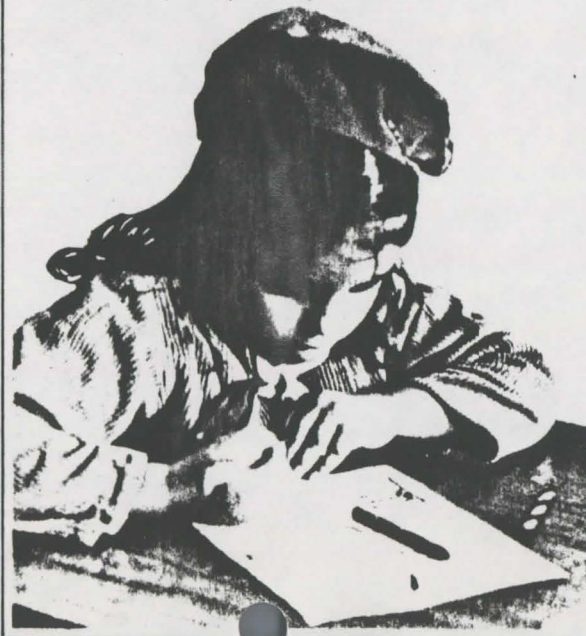
The first day of school – what fun. New paper, new pencils, new crayons. All because someone far away shared a SCHOOL KIT.

Each Kit contains:

- 2 pads 8½ x 11-inch ruled paper
- 1 blunt scissors
- 1 30-cm metric ruler (Rulers with inches on one side and centimeters on the other are acceptable.)
- 1 pencil sharpener
- 6 unsharpened pencils with erasers
- 1 2½-inch eraser
- 12 sheets construction paper
- 1 box of ~~crayons (8 crayons)~~ PENCILS (COLORED)
- 1 12 x 14-inch cloth bag with cloth handles

Place all items in the bag, fold top over and secure with two large rubber bands.

A great way to say "be my friend!"



## SHARE A SMILE SHARE A

# HEALTH KIT

Clean hands, good grooming, bright and shiny smiles...you can share them when you share HEALTH KITS with friends around the world.

Each Kit contains:

- 1 hand towel
- 1 washcloth
- 1 new bar of soap (bath size)
- 1 toothbrush
- 1 tube of toothpaste
- 1 comb
- 1 nail file
- 6 bandaids

Wrap all of the smaller items in the towel and tie it fast with ribbon.



