

# INSIGHTS

Duke Memorial United Methodist Church

ISSUE 35

504 West Chapel Hill Street, Durham, NC 27701 (919)683-3467  
Mark W Wethington, Senior Pastor Lisa Brown Cole, Associate Pastor

## MINISTER'S MESSAGE

The event of the feeding of the 5,000 is a familiar story from Scripture. It is told in each of the four Gospels, and each has its unique perspective. In light of our stewardship focus throughout the month, as we are prayerfully considering our gifts to God and God's church, let us hear how this very familiar story can possibly speak to us in a variety of ways.

Some time ago I heard someone speak about this story from John 6:1-14, and the interpretation has stayed with me. The writer of John's Gospel tells this story a little differently than the other three Gospels in that Andrew comes to Jesus, in the midst of the disciples' frantic search for food for all of these people and says "there is a young boy here who has five barley loaves and two fish." Then he says, "but what are they among so many people?"

We may be wondering the same thing as we consider our own pledge of money or time and talents to the church. But a familiar word to us from this story is that whenever we are willing to offer our best to God, that which we have, whether that be five barley loaves or fifty barley loaves, God will bless our gifts and will use our gifts in miraculous ways.

Along with this word to us, another interpretation of this story that I offer for consideration, is one that again points to the boy's willingness to offer what he had. Here was a crowd who had been out all day, and most of them, like the young boy, had probably carried some food with them from home for the day. Because they were so hungry themselves, they were not willing to share with others. That is, until they noticed this one young boy willing to give what food he had to Jesus. As they watched this boy's generosity and his willingness to offer what he had to help others, could it be that with Jesus' blessing of this gift, miraculously others began to open their bag lunches and share with those around them, until all 5,000 people were fed?

Isn't that the wonderful miracle that happens when every one of us offers our barley loaves and fishes to God and to God's church? Each of us has been asked to consider what we give to our church. Maybe we can think about this story as we make our commitments for 1996, and believe that when we each offer our best to God, then we all become a part of the miraculous workings of God which are happening all around us, and yes, even through us.

Grace and peace,  
Lisa

## SUNDAY, OCTOBER 15, 1995

### Nineteenth Sunday after Pentecost

8:45 - 9:25 a.m.	Early Worship - Bradshaw
9:15 a.m.	Celebration Singers - Sanctuary
9:30 a.m.	Logos Class - Bradshaw
9:45 - 10:45 a.m.	Sunday School for all ages
9:45 - 10:40 a.m.	Methodism Class - Whitford Hall
9:45 - 12:15 p.m.	Pictorial Directory Sign-Up - Sanctuary Entrances
10:15 a.m.	Sanctuary Choir - Sanctuary
10:30 a.m.	Ringling of the Tower Bells
10:55 a.m.	Worship Service - Sanctuary
12:00 noon	"INSIGHTS" information due (October 22-28) - Program Director's Mailbox
12:00 noon	Confirmation Luncheon and Meeting - Whitford Hall and Kitchen
4:30 - 5:30 p.m.	New Youth Handbell Choir - Handbell Room
5:30 p.m.	<b>NO</b> DMYF - Whitford Hall
8:00 p.m.	12 Step Al-Anon and A.A. - Community Life Center

**SERMON:** Mark W Wethington

**SCRIPTURE:** Psalm 66:1-12; Jeremiah 29:1, 4-7  
2 Timothy 2:8-15; Luke 17:11-19

**ANTHEM:** "A Song of Thanksgiving" - John Ferguson  
(Sanctuary Choir)  
"Kum Ba Yah" Douglas Wagner  
(Celebration Singers)

**USHERS:** Connie Chandler, Tom Adkinson, Tom Chandler,  
Julie Ellis, Debbie and Jim Fedyshyn, Charles Medlin, Polly  
Mixon, Tim Nifong, and Gayle Young

**GREETERS:** Clifton and Margaret McCotter  
**ACOLYTES:** Marshall Mason  
Ruth Mason

**NURSERY:** Ken and Linda Ellington  
**CROSS:** Adult

Dan Guth and Kathy Fitzsimmons  
**ALTAR GUILD:** Holly Eggleston  
Maryellen Stone

**REMEMBER THE EUCHARIST SERVICE  
HELD EVERY SUNDAY AT 8:45 A.M.  
IN THE BRADSHAW ROOM  
OCT. 15 - MEGHAN FROELICH, PREACHING**



**CHURCH CALENDAR  
OCTOBER 16 - 21, 1995**

**MONDAY, OCTOBER 16**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
 10:00 - 11:30 a.m. Staff Meeting - JOY Class  
 10:00 a.m. Methodist Retirement Community  
 Circle - Assembly Room, MRC  
 8:00 - 9:00 p.m. Al-Anon, Ala-Preteen and A.A. -  
 Community Life Center

**TUESDAY, OCTOBER 17**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
 10:00 a.m. Circle 8 - Parlor  
 12:30 p.m. Tuesday Study Group - JOY Class  
 7:30 p.m. Administrative Board - Bradshaw  
 Room  
 8:00 - 9:00 p.m. Al-Anon, Ala-Teen and A.A. -  
 Community Life Center

**WEDNESDAY, OCTOBER 18**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
 9:15 - 10:15 a.m. Weekday School Coffee - JR JOY  
 Room  
 10:00 - 11:00 a.m. Fold "Insights" - Whitford Hall  
 10:00 - 1:00 p.m. Craft/Lunch Bunch - Whitford Hall  
 11:00 - 11:30 a.m. Weekday School Music - Bradshaw  
 Room  
 11:45 a.m. Older Adult Covered Dish Luncheon -  
 Whitford Hall and Kitchen  
 12:30 p.m. Older Adult Program - Whitford Hall  
 1:00 - 3:00 p.m. Disciple Bible Study - Katie Johnson  
 Room  
 4:30 - 5:30 p.m. Covenant Discipleship - Parlor  
 5:30 p.m. Wonderful Wednesday Dinner -  
 Whitford Hall and Kitchen  
 6:15 - 7:00 p.m. Carol Choir (K-1) - Handbell Room  
 6:15 - 7:15 p.m. Wesley Singers (2-5) - Open Door  
 Room  
 6:15 - 7:15 p.m. Youth Choir (6-12) - Choir Room  
 6:15 - 7:15 p.m. Covenant Discipleship - Parlor  
 6:15 - 7:45 p.m. Spiritual Formation - Aldersgate,  
 Mrs. R. N. Wilson, and Prayer Rooms  
 6:15 - 8:15 p.m. Disciple Bible Study - Katie Johnson  
 Room  
 6:15 - 7:15 p.m. "Keep the Coffee Coming" - Whitford  
 Hall  
 6:30 - 7:30 p.m. Study on Ephesians - Bradshaw Room  
 7:15 - 8:00 p.m. Youth Sacred Dancers - Whitford  
 Hall  
 7:30 p.m. Adult Sunday School Class Teacher  
 Training - Parlor  
 7:30 - 9:00 p.m. Bethany Bells - Handbell Room

**THURSDAY, OCTOBER 19**

7:15 a.m. Men's Coffee - Parlor  
 9:00 - 11:00 a.m. Stephen Ministry - Parlor  
 9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
 9:15 - 10:15 a.m. Weekday School Coffee - JR JOY  
 Room  
 9:30 - 11:00 a.m. Weekday School Music - Bradshaw  
 Room  
 6:00 - 7:30 p.m. Sacred Dance - Whitford Hall  
 7:30 p.m. Yard Sale Set-Up - Whitford Hall  
 7:30 - 9:00 p.m. Sanctuary Choir - Choir Room

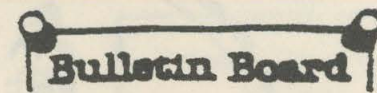
**FRIDAY, OCTOBER 20**

9:15 - 1:00 p.m. Parents' Morning Out - Nurseries  
 5:00 p.m. Yard Sale Set-Up - Whitford Hall  
 8:00 - 9:00 p.m. Al-Anon and A.A. -  
 Community Life Center

**SATURDAY, OCTOBER 21**

8:00 - 12:00 noon Yard Sale - Whitford Hall  
 11:00 - 2:00 p.m. SHARE Food Distribution -  
 Whitford Hall

**YOUTH**



**DMYF NEWS**

Now that the pancakes are cooked, it is time to move on to our October 15 meeting. We will be meeting at the church at 5:30 p.m. for a swimming party in Hillsborough. Please bring your swimsuit, towel, and \$3.00. Supper will be provided by Tim and Robin Langford. Your parents should pick you up at the church at 8:30 p.m.

**HANDBELL NEWS**

Practice continues this Sunday from 4:30 - 5:30 p.m. in the handbell room. You are doing a great job learning those new Christmas pieces.

**NEW PICTORIAL DIRECTORY**

Duke Memorial is going to publish a new pictorial directory using the Olan Mills Video Image Proofing System. Reserve an appointment time this Sunday from 9:45 a.m. - 12:15 p.m. at one of the tables inside the sanctuary building entrances. Each family photographed will receive a complimentary directory and a free 8" x 10" Custom Color Portrait from Olan Mills. Because of the Video Image Proofing System you will only make one trip to the church. Plan forty-five minutes to one hour for the entire process. All pose selections for the directory, your free 8" x 10" portrait and any additional portrait purchases you may wish to make will be completed at this time.

**INSIGHTS REMINDER**

Those who submit articles for INSIGHTS are reminded that all articles should be submitted in writing and not over the telephone. Thank you for your help in this matter.

**WONDERFUL WEDNESDAY MEAL**

Please call the church office, 683-3467, before noon on Monday if you plan to be here for Wonderful Wednesday Night Supper and are not on the Regulars List. If you are on the Regulars List and are not able to be here, please call to cancel. The menu for this Wednesday, October 18, is Sliced Ham, Green Beans, Dinner Rolls, and Angelfood Cake.

Please remember that the Study on Ephesians led by the Rev. Dr. Thomas A. Langford continues in the Bradshaw Room from 6:30 - 7:30 p.m.

**TAPE MINISTRY**

Tapes of the Sunday morning worship service are available each week. If you would like one delivered to your home, call Jean Weynand (489-9546) or the church office (683-3467). Tapes may also be checked out of the church library.

**HELP!**

If you can work at the Food Pantry on Tuesday, October 17, from 1:30 to 4:00 p.m., please contact Wil Drake at 683-8441



## WORSHIP AND STEWARDSHIP

As I listened to Laney's ministry minute on stewardship, I was reminded of the cyclical nature of the stewardship campaign for money. Every year, we gather together our projected ministry needs into a budget. Every year, we use our time and talents to collect. Every year those responsible for raising the budget spend a lot of time working out how much, who has pledged, who has not, etc. And it takes place every year during the months of September, October, and November.

The Church's liturgical year also is cyclical. The new year for the Church begins with the first Sunday of Advent, a time of penitence, renewal, expectation, and hope. It is a time in which we prepare ourselves for the coming of Christ, both a memorial of his birth and his coming in the future in which the fullness of God's kingdom is realized. In preparation, we take an account of ourselves, searching our hearts for that which we need to discard as a stumbling block to our ability to receive Christ. We are renewed by such reflection and are able to look forward, with expectation and hope, to the return of Christ.

Often the financial campaign chairperson reminds us that not only our money, but our time and gifts belong to God. How we care for our possessions, ourselves, others, and the earth is a witness to the presence of God in our hearts. In worship, we bring ourselves into God's presence in thanksgiving and praise. It is a means of grace, according to John Wesley, through which the Holy Spirit works to increase our faith and love of God and neighbor.

Stewardship and worship? Money and worship? The two come together in our praising God and giving God thanks for the possessions and resources we have to use. Worshiping faithfully means our actions in corporate worship on Sunday mornings are the same as those during the rest of the week. Our resources are used in praise and thanksgiving to God seven days a week.

This month as the congregation works on collecting the funds for our ministry, think of it as a time of worship in praise and thanksgiving to God. The tithe of ten percent of "the first fruits" is scriptural. God sacrificed the life of God's son, Jesus, for our salvation. Our sacrifice for the ministry of the Church, as an instrument of God's grace is faithful worship.

Para Drake, Altar Guild

## ADULT SUNDAY SCHOOL CLASSES

Have you made sure that your class will be represented at the teacher training session on Wednesday, October 18, at 7:30 p.m. in the Parlor? We'll share ideas, receive an updated Leadership Resource Guide, and hear some teaching tips. If you have any questions, please notify Cathy Cook (493-3402) or Ann Stallings (683-3467).

## THIS IS THE SATURDAY

This is the week of the "Yam Jam!" People of all ages are invited to meet at 8:00 a.m. here at the church to go to a farm in Raleigh to glean yams, supporting the work of the Society of St. Andrew. This is a wonderful way to teach children about helping others. This fun fall activity means so much to so many. Please bring along your own drinking water and come prepared to serve.

## WORSHIP EDUCATION CORNER

In addition to the obvious symbols such as the cross, flowers, offering plates, etc. found in our sanctuary, many other symbols are built in to our architecture. These include triangles, squares, and circles. Triangles remind us of the three ways we know God (God the Father, Son, and Holy Spirit). Any design that is in four parts such as a square, symbolizes the four Gospels. Circles symbolize eternity, God's never ending love, and God's universality. Arches help us to focus our thoughts on God and heaven.

Early churches had many paintings and stained glass windows that told the story of our faith. These were not just to enhance the beauty of the building, but they were used to tell the story for most of the people who could not read.

## CIRCLE 9 NEWS

Circle 9 will meet at 2:00 p.m. on Monday, October 23, with Charlie Howell at 801 LaSalle Street, Villa 13.

## SOJOURNERS CIRCLE

The Sojourners Circle will meet on Monday, October 16, at 7:30 p.m. at the home of Alan and Mary Whanger. The Whangers will present a program on the Shroud of Turin. Call Heidi Crane at 419-1174 for further information.

## CUBAN REFUGEE FAMILIES NEED HELP!

Duke Memorial has been offered the opportunity to give new life to a family of refugees. Sponsors are needed to aid the resettlement of Cuban families who have been approved for entry into the United States, but who are living in limbo in Guantanamo. The local unit of Lutheran Family Services Refugee Resettlement, along with members of the Cuban-American Community, are working to bring approximately six families to the Durham-Chapel Hill area. The Council on Ministries has given support to the Missions Committee of Duke Memorial to continue in this process of sponsoring a family.

I have been attending meetings of the "interested and committed" sponsoring groups. In order for Duke Memorial to go from "interested" to "committed," we need a task force of persons who can assist with the physical and socialization needs of the family (housing, employment, transportation, orientation to the area, friendship, etc.). Spanish-language skills are helpful, but not necessary.

If you have any interest in this project or would like more information, please call me at 471-3567

Donna Elium, Mission Committee Chair

## MISSION'S YARD SALE

A Yard Sale to benefit the Peru Mission Team will be held Saturday, October 21, from 8:00 a.m. until 12 noon in Whitford Hall. Donations are still being accepted. Items may be brought to the stage at the church or the church office can be called if pick-up is necessary. Youth and adults are needed to help with this event and should call the church office at 683-3467 to indicate an interest in doing so.



**Duke Memorial United Methodist Church**  
504 W. Chapel Hill Street  
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### A MESSAGE FROM COSROW

Of all the recent messages coming from local and national media, one should be especially strong: **Domestic Violence** must be taken seriously in our courts, in our communities, and in our homes.

What you should know

- Every day four women die in this country as a result of domestic violence.
- Domestic violence is the leading cause of injury to women ages 15 - 45 (more than rapes, muggings, and auto accidents combined).
- About 97% of domestic violence victims are women.
- The average woman will leave an abuser 7 or 8 times before making the final break.
- 75% of women murdered by their abusive partners are killed in an attempt to leave the relationship or after they have left.

What you can do

- If you are in imminent danger, call police immediately. If you need someone to talk with, women's centers and shelters in the area offer a variety of services.
- If you know someone who is being abused, offer your help and empathy; assure her she's not alone and that she does not deserve to be beaten.
- Encourage an abused woman to imagine life without her batterer, help her picture the steps she must go through to cope with life on her own to increase her self-confidence.

Where you can call

- Coalition for Battered Women  
24-Hour Helpline (919) 683-8628

### BREAD BAKERS NEEDED

Duke Memorial has a wonderful tradition of welcoming those who have visited our worship services by delivering a loaf of home-made bread (any variety will do). We are in need of this bread. If you can help by baking some, please leave it in the freezer in the kitchen marked "For Visitors."

### OLDER ADULTS - THIRD WEDNESDAY

This Wednesday, October 18, is our newly developed "Third Wednesday" Program for Older Adults. Please join us for a Covered Dish Luncheon at 11:45 a.m. in Whitford Hall. This luncheon will be followed at 12:15 p.m. by a special program on the continued topic of Christian Planning for Dieing. Wil Drake will cover Legal Wills and Elbert Wethington will cover Ethical Issues. Please bring a neighbor who needs to get out. If you need transportation, call the church office at 683-3467

### SINGLES CALENDAR

**Sunday, October 15, 12:00 noon - Share Lunch and Fellowship**

Single adults of all ages meet outside the front sanctuary door after worship. We'll carpool over to Picadilly Cafeteria and eat lunch together. This is a great chance for you to meet other singles at DMUMC! Your children are welcome too.

**Sunday, November 5, 9:45 a.m. - Sunday School**

A new class for single adults of any age who are not presently involved with a Sunday School class begins with a study of Psalm 23. Think you know all there is to know about this familiar Psalm? Come and be surprised about everything there is to know about sheep and how our lives as Christian singles can be impacted by these beloved verses. Join us in the Aldersgate Room on the left as you enter the Sanctuary Building from the breezeway.

**October 29 to December 10 - Divorce Recovery Workshop**

A seven week workshop, sponsored by Trinity UMC, will be held on Sunday evenings at Trinity. Call Trinity UMC at 683-1386 to register. Cost is \$25.

**For additional information about the above events or to offer you suggestions for Ministry to Singles, please call Cathy Cook at 493-3402.**