

## Minister's Message

On this past Sunday, we shared together in the Wesley Covenant Renewal Service and sealed that covenant renewal with the Sacrament of Holy Communion. It is my hope that those who attended this service took with you the Wesley Covenant Prayer which was distributed and that you will keep this prayer prominently before you. Again, I suggest that you make this prayer a part of your daily living so that when we come together again on the first Sunday in

- 1996 we may pray this prayer together from our hearts. In the event that you were not able to be with us this past Sunday, I am including this prayer within this week's "Insights" so that all might have it.

As we follow our Lord along the pathway of his life and our salvation, this coming Sunday we celebrate the Baptism of our Lord by sharing together in the Congregational Reaffirmation of the Baptismal Covenant. As you may recall, we have used this service on the 2nd Sunday of the New Year over the past two years. Many have found it to be most meaningful. Ass last Sunday we reaffirmed our covenant of faith with God and sealed that covenant with the sacrament of Holy Communion, so on this coming Sunday we shall further acknowledge God's claim upon our lives by reaffirming our baptismal covenant. Our Book of Worship reminds us that "Baptism is an act that looks back with gratitude on what God's grace has already accomplished, it is here and now an act of God's grace, and it looks forward to what God's grace will accomplish in the future. While baptism signifies the whole working of God's grace, much that it signifies, from the washing away of sin to the pouring out of the Holy Spirit, will need to happen during the course of a lifetime." This Sunday, in our service of worship, you will be invited to come forward to the chancel where the baptismal font will be centered and to recall and reaffirm your baptism by looking upon the water, by touching it, or by placing your finger within the water and making the sign of the cross upon your forehead. These and other gestures will be appropriate as a way for us to "remember our baptism." May we then go forth to serve in the power of the Holy Spirit. Grace and peace to you all and may God bless our ministry in the year ahead.

## SUNDAK, FNMEFRY 8, 1806 1st Sunday after Epiphany Baptism of the Lord

| 8:45-9:25 a.m. | Early Worship - Bradshaw |
| :---: | :---: |
| 9:15 a.m. | Fellowship - Whitford Hall |
| 9:30 a.m. | Logos Class - Bradshaw |
| 9:45-10:45 a.m. | Following Christ in a |
|  | Consumer Society - |
|  | Katie Johnson Room |
| 9:45-10:45 a.m. | Sunday School for all ages |
| 10:15 a.m. | Sanctuary Choir - |
| 10:30 a.m. | Ringing of the Tower Bells |
| 10:55 a.m. | Worship Service - |
|  | Sanctuary |
| 12:15 p.m. | "Insights" information due |
| 4:30 p.m. | Jorbells - Handbell Room |
| 5:30 p.m. | DMYF - Youth Lounge |
| 6:15-7:15 p.m. | "Parenting for Life" - <br> Bradshaw Room |
| 8:00 p.m. | 12 Step Al-Anon and A.A. |
|  | Community Life Center |
| 9:00 p.m. | Covenant Discipleship |
| EARLY WORSHIP: | Steve Long |
| SERMON: | Robert H. Edwards |

## SCRIPTURE:

Psalm 29; Isaiah 43: 1-7; Acts 8: 14-17;
Luke 3: 15-17, 21-22
USHERS: Wil Drake, Jeff Bailey, Randy Bollinger, Bill Bowles, Bill Coman, Judy Coman, Richard Grogan, Leland Phelps, Bill Stone
GREETERS:
Lindsay Āverett Margaret Gelinne John Langford Jonathan Stark ACOLYTES: Edmond Bailey
Sam Bilski
NURSERY:
Lee Ann Gelinne Midge Bowers'
S.S. GREETERS:

Logos Class

## CROSS:

Brad Bailey
ALTAR GULID:
Marcia Grogan
Mary Lee Bailey

# CHURCH CAHENDAR [ANUARY 9 - JANURT 14 

## MONDAY, JANUARY 9

THURSDAY, JANUARY 12

| 7:15 - 8:15 a.m. | Men's Coffee - Parlor |
| ---: | :--- |
| 9:00-Noon | Crafts of Hope - Whitford Hall |
| 9:15 - 1:00 p.m. | Parents' Morning Out - Nurseries |
| 12:30-2:30 p.m. | Disciple I - Parlor |
| 7:30-9:00 p.m. | Sanctuary Choir - Choir Room |

FRIDAY, JANUARY 13
9:15-1:00 p.m. 8:00-9:00 p.m.
9:15 - 1:00 p.m.
9:30-10:00 a.m.
10:00 - 11:30 a.m.
6:15 - 7:15 p.m.
8:00 p.m.
TUESDAY, JANUARY 10

12:30-1:30 p.m. 8:00-9:00 p.m.

WEDNESDAY, JANUARY 11

| 9:15-1:00 p.m. | Parents' Morning Out - Nurseries |
| :--- | :--- |
| 9:30-10:15 a.m. | Parent Support Group |
| 10:00-1:00 p.m. | Craft/Lunch Bunch - Whitford Hall |
| 1:00-2:00 p.m. | Fold "Insights" - Whitford Hall |
| 4:15-5:15 p.m. | Covenant Discipleship - Parlor |
| 5:30-6:10 p.m. | Wednesday Meal - Whitford Hall |
| 6:15-7:15 p.m. | Covenant Discipleship - Parlor |
| 6:15-7:00 p.m. | Carol Choir - Aldersgate Room |
| 6:15-7:15 p.m. | Wesley Singers - Handbell Room |
| 6:15-7:15 p.m. | Youth Choir - Choir Room |
| 6:15-7:15 p.m. | Covenant Discipleship - Open Door |
| 6:30-7:30 p.m. | "Theology of Creation" |
| 6:30-7:30 p.m. | "Working in Faith" |
| 6:30-7:30 p.m. | "Educators Anonymous" |
| 6:30-8:30 p.m. | Disciple BibleStudy - Katie Johnson |
| 7:15 - 8:00 p.m. | Class |
| 7:30-9:00 p.m. | Liturgical Dance - Bradshaw Room |
|  | Bethany Bells - Handbell Room |

Parents' Morning Out - Nurseries
Weekday School Music -
Whitford Hall
Staff Meeting - JOY Class Covenant Discipleship - Parlor Al-Anon, Ala-Preteen and A. Community Life Center

Tuesday Study Group - Joy Class Ā-Anon, Ảla-Teen and A.A. Community Life Center

> Parent's Moming Out - Nurseries
> Al-Anon and $\bar{A} \bar{A}$.
> Community Life Center

## WESLEY CLASS

The WESLEY SUNDAY SCHOOL CLASS will begin a Sunday moming version of the PARENTING SERIES which was previously presented on Sunday evening. We welcome all who are interested in learning more about being effective parents. This series, entitled Parenting for Life, will be conducted on Sunday mornings through April. See the schedule below for details.

Jan. 8 - Organizationi planning meeting for "Parenting for Life". Come see the class materials and meet the other members of this class.

Jan. 15 - Introduction: Purpose of Parenting, Seven Perspectives Christian Parents Can Uise, Parents as Disciples to Their Children

Jan. 22 - Journey of Faith: Preschool. Elementary, Adolescent, Young Adult. Adult Relationship with Church and God

Jan. 29 - Faith \& Parenting: Compare \& Contrast - Our Parents's Parenting \& Our Parenting, Bonds between our faith, our parenting, our children

Feb. 5 - Values \& Parenting: "A value is a principle or standard ... that forms the basis for decision-making". Values we teach (model for) our children
Feb. 12 - Parents \& Personality Traits of Children: Which traits do we feel are the most important and least important for our children

Feb. 19 - Parenting from birth to age 8 - Stages and characteristics of development Permissive parents - Authoritarian parents - Authoritative parents

Feb. 26 - Discipline -vs- Punishment: Parent/Child Interactions - Non-Negotiable. Negotiable, Free Will

Mar. 5 - Parent/Child Communications: Problem types - Parent-Owned. Child-Owned. Relationship-Owned

Mar. 12 - Ways to Avoid Problems: Clear Expectations. Plan Transitions. Reduce Boredom. Limited Choices - Minimizing Conflicts

Mar. 19 - Understanding Misbehavior: Need for: attention. power, revenge Acting out: feelings. expectations. temperament

Mar. 26 - Decreasing Undesirable Behavior through: Extinction. Substitution. Consequences. Time-Out. Conditioning

Apr. 2 - Achieving Desirable Behavior through: Praise. Affection. Focus-Time. Reinforcement

## REAFFIRMATION OF BAPTISM SUNDAY, JANUARY 8, 1995

In preparation for the service of the reaffirmation of baptism this Sunday the message will be brought by Robert Edwards, our Associate Pastor. His sermon will be offered as partial fulfillment of the requirements for ordination as an Elder in the United Methodist Church. We hope that you will come and share in this very meaningful service.

## SATURDAY, JANUARY 14

8:30-11:30 a.m.
Martin Luther King Jr. breakfast Whitford Hall

## COVENANT DISCIPLESHIP

Covenant Discipleship groups for 1995 will begin the week of January 8th. You are asked during the first several sessions to write your covenant for the new year. Many of our groups will be staying together. A couple of new groups will be forming and several new members will be joining existing groups. In all we have approximately 40 persons participating in a CD group. It is not too late to sign up, but you need to do so immediately by calling Mark Wethington at the church office.

Those who are new to covenant discipleship and signed up for 1995 will be contacted this week.

# human relations MWH day 

HUMAN RELATIONS DAY JANUARY 15, 1995
THEME: "Does Not the Kingdom of God Belong to Such as These?" This question compels congregations to recognize the intrinsic value of all youth and the importance of nurturing and empowering them through faithful action. This is a vital mission of the diverse out reach ministries supported by the Human Relations Day offering.

## "WESLEY'S COVENANT' PRAYER"

I am no longer my own, but thine. Put me to what thou wilt, rank me with whom thou wilt, put me to doing, put me to suffering; let me be employed for thee or laid aside for thee, exalted for thee or brought low for thee; let me be full, let me be empty; let me have all things, let me have nothing; I freely and heartily yield all things to thy pleasure and disposal. And now, O glorious and blessed God, Father, Son, and Holy Spirit, thou art mine, and I am thine. So be it. And the covenant which I have made on earth, let it be ratified in heaven. Amen.


## STEPHEN MINISTRY

"Stephen Ministry has really changed my life and my interaction with people . . . with family, friends, but most of all, new acquaintances."
"Stephen Ministry has helped me grow spiritually and has put me in touch with some beautiful Christians. I feel like a part of the group and I see their care for others."

If you would like more information about Stephen Ministry, call 683-3467.

## 1994 CONTRIBUTIONS

January 8, 1995 will be the last day we can accept contributions for 1994. Any funds received after that date will be applied to your 1995 contribution record.

Duke Memorial United Methodist Church<br>504 W. Chapel Hill Street<br>Durham, North Carolina 27701-3102<br>Phone 919-683-3467<br>'INSIGHTS' (USPS853880) is published weelly, except biweekdy June, July and Rugust and will not mail week of Dec. 25 - Jan. 1 by Duke Memorial United Methodist Church at 504 W. Chapel Hill Street, Durham, NC 27701-3102 Second class postage paid at Durham, NC

# NEW OPPORTUNITIES FOR WONDERFUL WEDNESDAY YOU WONTT WANT TO MISS OUT STARTING JANUARY 11, 1996 

Wonderful Wednesday Family Night activities begin in 1995 on January 1lth with dinner being served at 5:30 PM. Meals will be less varied but more healthwise. Prices for the meal will continue at $\$ 3$ for adults and $\$ 2$ for children 12 and under, not to exceed $\$ 10$ per family. On this evening regular activities will resume, which means our children's choirs and youth choir along with Covenant Discipleship groups, Disciple Bible Study and other study and prayer groups.

In addition to these, three new opportunities are available to all church members for the first quarter of 1995. Three new study and support groups will be offered and led by students from Duke Divinity School. They are as follows:
"The Theology of Creation" - led by Johannes Kuntz
Johannes is our seminary intern from the former East Germany; this class will focus on a Christian understanding of creation)
"Working in Faith" - led by Meghan Froelich
(Meghan is a second career student at the Duke Divinity School and will be exploring how one's faith intersects with one's vocation)
"Educators Anonymous" - led by Alicia Beam
(Alicia is one of our interns this year and is studying at Duke for a Masters in Religious Education; this class will be attractive for those who are teaching in our Sunday School)

Please don't miss out on these varied and interesting opportunities for Christian growth. We hope to see you on Wonderful Wednesday.

Even if you don't come to attend a class, you are still invited to come and eat and to fellowship. Dinner begins at 5:30 and all classes begin by 6:30 PM. Please meet in Whitford Hall at 6:15 p.m. for these classes. Rooms will be assigned at this time. See you there!

